



Clár Éire Ildánach
Creative Ireland
Programme



“City Instincts” Final Report.

Creative Ireland Programme - Creative Nurture Fund 2023

Reporting period: March 2024-Sept 2025

1.Executive Summary

The core proposition of the **Creative Ireland Programme** is that participation in cultural and creative activity promotes individual, community and national wellbeing and embed creativity into the heart of children and young people’s lives. Focusing on birth to 24 years, it is implemented under the following principles:

- Children and young people must have agency and a voice in decision-making on the implementation of the Creative Youth Plan 2023-2027.
- All children and young people must have opportunities to be creative and develop their creative skills.
- Both the intrinsic, and instrumental or transferable value of creative pursuits can be supported and developed simultaneously.

Foróige is the leading youth organisation in Ireland working with young people since 1952. Enabling young people to involve themselves consciously and actively in their development and in the development of society, they work with over 50,000 young people aged 10-24 each year through volunteer-led clubs and staff-led youth projects. Foróige currently operates in 26 counties in Ireland. Foróige works with vulnerable young people who require additional support through a full range of targeted services helping young people to deal with issues associated with poverty, marginalisation and social exclusion, under-achievement at school, early school leaving, youth crime, substance abuse and family difficulties in a safe friendly environment.

2.Introduction & Background



Clár Éire Ildánach
Creative Ireland
Programme



City Instincts is a creative youth work programme for 13 - 24 year olds who are seldom heard, in need of nurturing and living in Dublin City. The programme, funded by The Creative Ireland programme, aims to engage and unite marginalised young people through 5 creative mediums - Dance, Street Art, Music Production, Digital Media and Cookery. "City Instincts" will be operated by Foróige and will run in line with the principles of the Creative Ireland Youth Plan 2023 - 2027, funded through the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media. The work focuses on developing participants' creative competencies and building young people's determination, agency and confidence as they approach or navigate young adulthood. With City Instincts, we aim to primarily work with 5 target groups that are seldom heard: 1. Refugees and asylum-seekers 2. the neurodivergent community 3. LGBTI+ young people 4. Young Travellers 5. Young people Engaged with the youth justice system

3. Outline of team & key participants; including the number of creative practitioners/artists that received funding through this agreement.

Project managed by Foróige Senior Youth Officer: John FitzGerald (Area Manager Dublin City) and Aisling O Connell (Senior Youth Officer)

Funded through the agreement..

Foróige Youth Officer: Svitlana Falenda

Part-time teachers/artists

Dance instructor & Choreographer: Justine Dosewell

Painter/ Muralist: Hernán Suty

Music Instructors: Music Generation tutors/ Cormac Curran & Peter O' Toole, Emily

Film Director: Aisha Bolaji

4. Agreed Outputs & Outcomes/as per section 4 & 5 Of SLA

1. *Appointment of a dedicated youth officer who will work in the City Instincts Project with the targeted young people through themed group work and 1 to 1 work*



Youth officer Svitlana Falenda has been in post since March 8th 2024 and has provided timetable and logic models to demonstrate the provision of group and one to one work for each stage of the project.

- The Youth Officer will develop a 18 month plan to include programmes, training, targets of young people and evaluation. The Dublin City Area Manager will develop a support and supervision schedule to support this development*

In the interim report Youth officer Svitlana Falenda provided timetable and logic models to demonstrate the provision of programmes that have been delivered during the period of march 2024-dec 2024. This rapport includes the addition of jan-sept 2025

Supervision and support was provided throughout the duration of her contract by her line manager and SYO Aisling O'Connell . Overall responsibility and coordination of project activities is John FitzGerald

- City Instincts will engage with a minimum of 100 young people (13-24 years) throughout the project, working with the following 5 target groups that are seldom heard: 1. Refugees and asylum-seekers 2. the neurodivergent community 3. LGBTI+ young people 4. Young Travellers 5. Young people engaged with the youth justice system. Project staff will engage with schools, Gardaí, UBU funded and specialised youth organisations (Belong To, As I am, Not So Different etc), Community Development groups, IPAS, Music Generation, Youthreach, Tusla CFSN and Youth Justice Projects operated by both Foróige and other CBOs to identify young people in need of the service.*

To date City Instincts has engaged 164 participants (13-24 years).

City Instincts has successfully engaged young people from all of the 5 targets outlined in the service agreement.

- The Project will have 5 key urban Dublin premises from which City Instincts will operate. As needs arise, the youth officer may also deliver the programme plan from suitable locations in the Dublin City Council Area (e.g. onsite at an IPAS Centre)*

The project has delivered interventions and activities to young people at various sites in Dublin City according to need and availability:

- Foróige Dublin City South in Christchurch
- Foróige Thomas Street
- Dublin Mosque, South Circular Road in Dublin 8
- Eastwall IPAS centre
- Foróige's HAY Project, Summerhill, Dublin 1



Clár Éire Ildánach
Creative Ireland
Programme



- St. Andrews Community Centre
- Ringsend & Irishtown Community Centre
- The Junction, Clongriffin, Dublin 13
- Pearse Street Library
- NCAD (Summer Film Programme)

5. *Project staff will be trained in Hub Na nÓg's Everyday Spaces Training and link directly with both the South and North City CYoung PeopleSCs on issues that arise from the target group.*

The SYO and youth officer of City Instincts have been trained in Hub Na nÓg Everyday spaces and implement the learning in all aspects of the programme as demonstrated in the evaluation and programme delivery.

6. *A youth advisory committee - made up of young people from the 5 target groups - will be formed within the first 4 months of the project and they will meet monthly to advise and steer the project.*

The youth advisory committee allows young people to involve themselves consciously and actively in their own development through engagement in City Instincts Work plan. The YAC is composed of participants from the Ukrainian BOTP community and also represents IPAS, LGBTQ+ and ASD communities. They have met to advise on what content they would like delivered in the project. All young people engaged in the project are aware of how they can access Foróige Youth Participation Structures and are encouraged to join local youth participation structures which allow them to have their voices and life experiences amplified such as a Safer Communities youth consultation, an IPAS youth consultation on young people's awareness of services and youth friendly opportunities in their communities and a consultation with youth participants on Foróige's child safeguarding statement.

7. *The participants will have the opportunity to take part in the following programmes and workshops:*

- *YES - The Youth Engineering Solutions Programme (YES!) is an innovative Foróige project funded by Science Foundation Ireland (SFI). It is supported by leading academic, industry and STEM education collaborators. With this programme Young People will take part in engineering activities and find an engineering solution to an everyday problem.*

Young people have taken part in a variety of Foróige digital youth work programmes such as Level UP, Lego Robotics, Scratch/ Coding & 3D printing workshops. Young people were given the opportunity to engage in supervised, creative programmes that allowed them



take responsibility, contribute ideas, use their own resources, work as a team and make a real difference to the world around them and increase their confidence in utilising technology

- *Soundsurfers - The Foróige SoundSurfers programme, developed by Foróige in partnership with the UNESCO Child and Family Research Centre, NUI Galway, endeavours to activate empathy and prosocial attitudes in young people through the creative medium of audio/music technology.*

Young people have been shown how to use the Soundsurfers programme to explore music production and podcasting and increased their confidence in utilising technology for music production.

- *VRóige - Virtual reality is a simulated experience that can be similar to or completely different from the real world. Using VR headsets, users will be immersed in multiuser educational, creative, and fun spaces.*

Young people have engaged enthusiastically with our VR programme. It is a very popular programme with young people.

- *Other Digital Youthwork Programmes*

Level UP, Lego Robotics, Makey Makey, NYCI STEAM project

- *Dance workshops.*

We have delivered easter and summer dance programmes supported by parttime teacher, artist and choreographer Justine Doswell. Young people embraced the opportunity to learn or develop their dance skills and express themselves through this artistic medium.

- *Street Art.*

Young people have engaged in street art indoors and outdoors in a variety of locations through collages, murals, sculpture and photography. Young people had the opportunity to engage in artistic mediums they have not had the means to access & learnt about Street Art and spray painting with artist and part time teacher Hernan Suty.

Cookery and baking.

Young people have engaged in cooking and baking programmes in ChristChurch and Thomas street locations. Young People learned new cooking skills, became more confident, built connections and developed friendships, improved communication and teamwork skills.

- *Music Production*



Young people have engaged in workshops that were delivered by Music generation. Young People gained new music skills, increased in confidence & learned about Digital music production.

End of year appreciation and celebration event.

Young people supported by their youth worker, part time teachers, artists and other youth work staff created an event attended by management, their peers, and creative ireland and DCC reps. Here they showcased their learnings and creativity through dance, music, song, rap, paintings and poetry. Young people received certificates for participation.

Evaluation:

Youth participants of the City Instincts programme attend end of year round table discussions to evaluate the City Instincts programme delivery and content and discuss the importance of free accessible access to the arts and culture.

N	Name of Group	Number of young people in group	Target of young people as outlined in Service agreement	Brief description of Short & long term goals	Brief description Evidence of progress
---	---------------	---------------------------------	---	--	--

Reporting period March 2024 - Dec 2024					
March-June 2024					
1	Creative Arts Easter Induction Programme 1 Ages 13-17	5	Refugees and asylum-seekers	Easter camp to introduce Foróige Programmes to new participants. To gain new Digital Media skills, learn the Traditional Ukrainian Egg decorating technique	Young people learned basics about Digital Media: tried VR, 3D printing; Art & Crafts. All 4 participants continue to engage weekly with the City Instincts Project.
2	Creative Arts Easter Induction Programme 2 Ages 13 - 17	6	Refugees and asylum-seekers	Easter camp to introduce Foróige Programmes to new participants. To gain new Digital Media skills, learn the Traditional Ukrainian	Young people learned new skills, and basics of Digital Media: VR, 3D printing; Art & Crafts. 4 of the 6 participants continue



				Egg decorating technique	to engage weekly with the City Instincts Project
3	Creative Arts Easter Induction Programme 3 Ages 13 - 17	7	Refugees and asylum-seekers	To introduce the City Instincts Project. To learn the basics of VR, 3D Printing, and Videomaking, practice Arts & Crafts.	Young People learned new skills in VR, 3D printing, videomaking, art, and teamwork; Young People created short Videos about Easter Camp which we presented at the official Event for partner organisations
4	North City - Monday Group 1 Clongriffin Ages 10-14	4	neurodiverse participants	Prosocial opportunity for young people to engage in digital youth work, VR workshops, meet new friends and engage in new creative activities and opportunities. To improve self-confidence, teamwork, and communication.	Young people engaged in digital youth work and creative activities in a group setting and accessed Foróige services in their community
5	North City - Monday Group 2 Clongriffin Ages 15 - 18	5	neurodiverse participants	Prosocial opportunity for young people to meet new friends and engage in new creative activities and opportunities VR workshops . To improve self-confidence, teamwork, and communication.	Young people engaged in digital youth work and creative activities in a group setting and accessed Foróige services in their community
6	Wednesday Group Cooking Programme Ages 13 - 15.	5	Refugees and asylum-seekers	Prosocial opportunity for Ukrainian young people to meet new friends and engage in new creative activities. Learning basic cooking skills, and healthy recipes	BOTP Young People learned new cooking skills, became more confident, built connections and friendships.



				on a budget.	
7	Friday Tech Hub Group 1 Ages 13 - 17	2	Refugees and asylum-seekers	Opportunity for young people to engage in new activities in Digital media, Street Art, crafts	BOTP Young People learned new skills in Digital media, VR, 3D printing; Arts & crafts, Graphic Design; Street Art, and became more confident.
8	Friday Tech Hub Group 2 Young Creative Adults Youth Cafe Ages 18 - 24	5	The mixed group included neurodiverse participants, Refugees and asylum-seekers	Prosocial opportunity for young people to meet new friends and engage in different creative activities and opportunities	Young People learned new skills in arts and crafts, became more confident, built connections and developed friendships.
9	One-to-One sessions	4	neurodiverse participants / Refugees and asylum-seekers	Bespoke 1 to 1 support for young people to get more confidence in using Digital media and communicating with peers	Young people have become more confident in using digital media and communicating with peers.
Summer Programmes June - August					
1	Music Production Programme Group 1 Ages 13 - 17	14	Refugees and asylum-seekers	An opportunity for Young People to learn about music production and digital tools for creating music, learn how to play a ukulele, keyboard, or guitar, and become familiar with Foróige programmes and weekly after-school activities.	We have seen significant improvements in young people's confidence agency and creative competencies over long-term interactions. Young People gained new music skills, learned about Digital music production
2	Music Production Programme Group 2 Ages 13 - 17	14	Refugees and asylum-seekers	To learn about music production and digital tools for creating music, try playing the ukulele,	The young people acquired new musical skills, learned about digital music production,



				keyboard, or guitar, and become familiar with Foróige programmes and weekly after-school activities.	the basics of playing the ukulele, keyboards and guitar. One person joined music classes outside of Foróige.
3	Music Production Programme Group 3 Ages 13 - 17	10	The mixed group included neurodiverse participants	To learn about music production and digital tools for creating music, try playing the ukulele, keyboard, or guitar, and become familiar with Foróige programmes and weekly after-school activities.	The young people acquired new musical skills, and learned about digital music production, the basics of playing the ukulele, keyboards and guitar. Young People showed interest in joining the Cooking Programme.
4	Music Production Programme Group 4 Ages 18 - 24	4	Refugees and asylum-seekers,	To learn about music production and digital tools for creating music, try playing the ukulele, keyboard, or guitar, and become familiar with other Foróige programmes.	Young people learned new skills on the ukulele and guitar. One person successfully performed a song at the Citizenship Recognition Event.
5	Street Art Programme Spray Painting Workshop Group 1 Ages 13 - 17	9	Refugees and asylum-seekers	To learn about Street Art and spray painting, develop art skills, communication, and teamwork; To become familiar with Foróige programmes and weekly after-school activities.	Young people developed artistic skills and teamwork; Created artworks "Animals" using stencils and spray paint. Several participants continue to participate in the "City Instincts" project
6	Street Art Programme Spray Painting Workshop Group 2 Ages 13 - 17	5	Refugees and asylum-seekers	To learn about Street Art and spray painting, develop art skills, communication, and teamwork; To become familiar with Foróige	Young people developed artistic skills and teamwork; Created artworks in "the Banksy style" using stencils and spray paint. Several participants



				programmes and weekly after-school activities.	continue to participate in the "City Instincts" project
7	Street Art Programme Spray Painting Workshop Group 3 Ages 18-24	2	Refugees and asylum-seekers	To learn about Street Art and spray painting, develop art skills, communication, and teamwork; To become familiar with Foróige programmes and weekly after-school activities.	Young people developed artistic skills and teamwork; Created "Cities" artworks using stencils and spray paint. Several participants continue to participate in the "City Instincts" project every week.
8	Street Art Programme Spray Painting Workshop Group 4 Ages 13 - 17	5	The mixed group included neurodiverse participants, Refugees and asylum-seekers	To learn about Street Art and spray painting, develop art skills, communication, and teamwork; To become familiar with Foróige programmes and weekly after-school activities.	Young people developed artistic skills and teamwork; Created "Space and Planets" artworks using stencils and spray paint. Several participants continue to participate in "City Instincts" project
9	Street Art Programme Spray Painting Workshop Group 5 Ages 13 - 17	6	The mixed group included neurodiverse participants, Refugees and asylum-seekers	To learn about Street Art and spray painting, develop art skills, communication, and teamwork; To become familiar with Foróige programmes and weekly after-school activities.	Young people developed artistic skills and teamwork; Created "Africa" artworks using stencils and spray paint. Several participants continue to participate in the "City Instincts" project
10	Street Art & Liberties Festival Workshop Ages 13 - 17	10	The mixed group included neurodiverse participants, Refugees and asylum-seekers	To develop art skills, communication, and teamwork; To become familiar with Foróige programmes and weekly after-school activities.	Young people developed new art skills, created collages, practised communication in English, and teamwork; became aware of Foróige



					Programmes
11	Dance Programme Ages 13 - 17	10	The mixed group included Refugees and asylum-seekers	To develop dance skills and teamwork; learn how to express emotions through the dance; To become familiar with Foróige programmes and weekly after-school activities.	Young people developed dance skills and teamwork; Some of the participants continue to engage in dance classes outside of Foróige; weekly engaged with City Instincts Project
12	Clongriffin Summer Arts Programme Week 1	7	The mixed group included neurodiverse participants	To develop teamwork, artistic skills, communication, and friendship; To become familiar with new Project BLEND, Foróige programmes and weekly after-school activities.	Young people developed communication and teamwork; Three participants continue to engage weekly with the BLEND Project
13	Clongriffin Summer Arts Programme Week 2	7	The mixed group included neurodiverse participants	To develop teamwork, communication, artistic skills and friendship; To become familiar with new Project BLEND, Foróige programmes and weekly after-school activities.	Young people developed communication and teamwork; Some of the participants continue to engage weekly with the BLEND Project
14	Teambuilding Activities Group Ages 13 - 17	15	The mixed group included neurodiverse participants, Refugees and asylum-seekers	Prosocial opportunity for young people to meet new friends and engage in different activities: digital youth work board games, trips, teambuilding day	Young people developed communication and teamwork; Some of the participants continue to engage weekly with Foróige
September-December 2024					



1	Music Production Programme Wednesday Group Ages 13 - 17.	5	The mixed group included neurodiverse participants	To provide opportunities for young people to explore music production and digital tools and to try playing instruments: ukulele, keyboard, or guitar. To encourage long-term engagement and participation.	Participants have gained new music skills and improved their teamwork, focus, and communication. One young person created a band outside Foróige.
2	Music Production Programme Wednesday Group Ages 18 - 24	8	The mixed group included Refugees and asylum-seekers	To provide opportunities for young people to explore music production, use digital tools, and try playing instruments such as the ukulele, keyboard, or guitar while encouraging long-term engagement and participation.	Participants gained new musical skills, learned about digital music production and new English terms from the music industry, and improved their teamwork, concentration and communication skills.
3	Digital Media Programme Thursday Group Ages 13 -17	5	The mixed group included neurodiverse participants	To provide opportunities for young people to learn Digital media, VR, Graphic Design and explore 3D Printing; improve communication and teamwork;	Participants gained new Digital Media skills, learned about the safe use of technologies, teamwork, and communication skills.
4	Digital Media Programme Thursday Group Ages 18 - 24	5	The mixed group included Refugees and asylum-seekers	To provide opportunities for young people to learn Digital media, VR, Graphic Design and explore 3D Printing; improve communication and teamwork; Practice Ukrainian and English	Participants gained new Digital Media skills, practiced 3D Printing, VR, Graphic Design. learned about the safe use of technologies, and improved their English, teamwork, and communication skills.



				languages with peers	
5	Street Art Programme Friday Group Ages 13 - 17.	5	The mixed group included Refugees and asylum-seekers	To provide opportunities for young people to practice Arts and Crafts, Street Art, and Composition; improve communication and teamwork;	Participants gained new art skills, learned about Street Art and spray painting; teamwork, and communication skills.
6	Street Art Programme Friday Group Ages 18 - 24	6	The mixed group included Refugees and asylum-seekers	To provide opportunities for young people to practise Arts and Crafts, Street Art, and Composition; improve communication and teamwork;	Participants gained new art skills, learned about Street Art and spray painting; teamwork, and communication skills.
7	Youth Cafe Creative Drop in Ages 18 - 24	12	The mixed group included Refugees and asylum-seekers and neurodiverse participants	Prosocial opportunity for young people to meet new friends and engage in different musical and artistic activities and opportunities. To introduce other Foreign Programmes to new participants	Young people developed communication and teamwork; developed creative competencies, started to show more initiative, invited their friends to join the group
8	Citizenship Event Preparation, songs performance, VR programme, signing	3	Refugees and asylum-seekers	Prosocial opportunity for young people to present their citizenship project, meet new friends and engage in different activities	Young people presented their projects, developed confidence in Public speaking, meet with peers from other Foróige Programmes; took part in VR workshops. One young person performed in front of 100 young people.,



9	One-to-One session Age 14	1	Refugees and asylum-seekers	Support young people to improve their behaviour, teamwork and communication with peers; engage in Foróige programmes and opportunities	Young People displayed improved behaviour and decision making, learned about diversity and inclusion, safety in relationships, improved communication with peers, started to show more initiative
10	One to One session Age 15	1	Refugees and asylum-seekers	Support young people to improve concentration and behaviour, communication and teamwork with peers; to learn about other Foróige programmes and opportunities	Young People improved their focus and concentration, learned about diversity and inclusion, online safety, improved communication with peers, and started to show more initiative
11	Halloween Programme Ages 13 - 16	9	The mixed group included Refugees and asylum-seekers and neurodiverse participants	Halloween themed artistic programme. Online safety programme	Young People learned about Halloween traditions in Ireland through art, engaged in online safety programme and
12	Halloween Programme Ages 18 - 24.	8	The mixed group included Refugees and asylum-seekers and neurodiverse participants	To provide an opportunity for young people to learn about old Irish traditions through the arts, celebrate Halloween in a safe space; meet new friends and develop social skills	Young People learned about creative and artistic Halloween traditions in Ireland; Pumpkin and turnip carving workshop, Developed teamwork and communication inside the group.
13	Team Building Activities	8	The mixed group included Refugees and asylum-seekers and neurodiverse participants	Prosocial opportunity for young people to meet new friends and engage in different artistic activities and opportunities	Young People developed artistic skills, teamwork and communication in the group



14	Monday Arts Cafe September-October Ages 13 - 17.	3	The mixed group included Refugees and asylum-seekers and neurodiverse participants	Prosocial arts activities for young people to meet new friends and engage in different activities and opportunities	Young People developed artistic skills, teamwork and communication in the group
15	Christmas Activities Ages 13-17	8	The mixed group included Refugees and asylum-seekers and neurodiverse participants	To engage in art painting and drawing to learn about Christmas and New Year Traditions in Ireland and other countries, meet new friends and engage in creative activities	Young People engaged in art, learned more about Irish traditions and culture, improved communication and teamwork. Young People showed interest in continuing with the project for the next term
16	Christmas Activities Ages 18 - 24	10	The mixed group included Refugees and asylum-seekers and neurodiverse participants	Toin art painting and drawing to learn about Christmas and New Year Traditions in Ireland and other countries, meet new friends and engage in creative activities	Young People engaged in art, learned more about Irish traditions and culture, improved communication and teamwork, showed initiative in activities planning and preparations, and created a Quiz game.
Reporting period Jan 2025 - Sept 2025					
N	Name of Group	N of YP in group	Target of young people as outlined in Service agreement	Brief description of Short & long term goals	Brief description Evidence of progress
1	Monday Group Pearse St Library 13-17	6	Neurodiverse young people; Refugees;	To provide opportunities for YP to improve STEAM & Digital skills, teamwork communication; to learn about other Foróige programmes and opportunities	Young People improved their STEAM and Digital skills, tried LEGO Robotics, Visited Art Gallery improved English communication skills and teamwork
2	Monday Group	9	Refugees;	To provide	Young People



	Pearse St Library 18-24		New communities	opportunities for YP to improve STEAM & Digital skills, teamwork communication; to learn about other Foróige programmes and opportunities	improved their STEAM and Digital skills, tried LEGO Robotics, VR, Photography, Visited Art Gallery improved English communication skills and teamwork
3	Tuesday Art Group (ASD) 13-17	5	Neurodiverse young people	To provide opportunities for young people to improve their communication skills and teamwork. To learn new cooking skills and food safety. Express themselves through Art	Young People improved their communication skills and teamwork, Cooking skills, learned about online safety, and employment opportunities for youth. Took part in Youth Participation Groups
4	Tuesday Group 18-24	5	Refugees;	To provide opportunities for young people to improve their digital skills, CV preparation using Canva, English communication skills, cooking, to increase self-esteem, and encourage long-term engagement and participation.	Participants gained new skills in digital media, Microsoft Word, Canva, CV creation and Cooking. Received employment and career consultations and advice. Improved their English and teamwork.
5	Wednesday Junior Group 12-13 (Referrals)	2	Young people who are stepping down from the YDP programme;	Support young people to learn how to express their feelings and emotions through different creative mediums such as painting, digital media, music, and cooking. To improve communication skills and teamwork.	Significant Improvement of behaviour; Young people get new skills, tried 3D Printing, LEGO robotics, Cooking, Art&Crafts, and joined the Music Production Programme
6	Music Production	12	Neurodiverse	To provide	Participants gained



	Programme Feb-May Wednesday Group 13-17		young people; Refugees	opportunities for YP to explore music production, digital music, and to try playing instruments: ukulele, keyboard, or guitar. To encourage long-term engagement and participation.	new music skills, learned about digital music production and new English terms from the music industry, improved their teamwork, and communication skills.
7	Music Production Programme Feb-May Wednesday Group 18-24	12	Neurodiverse young people; Refugees; LGBT+	To provide opportunities for YP to explore music production, digital music, and to try playing instruments such as the ukulele, keyboard, or guitar. To encourage long-term engagement and participation.	Participants gained new music skills, learned about digital music production and new English terms from the music industry, improved their teamwork, and communication skills.
8	Thursday Group 13-17	5	Refugees; Neurodiverse young people; LGBT+	Support young people in learning how to express their feelings and emotions through the arts, using different creative mediums such as painting, music, and cooking. To improve communication skills and teamwork.	Young People improved their Cooking skills, communication and teamwork, learned about food safety, and online safety. Explored 3D Printing, VR technology, and Graphic Design in Canva and created collages.
9	Thursday Group Cooking 18-24	8	Refugees; Neurodiverse young people; LGBT+	To provide opportunities for young people to improve their Cooking skills, learn about food safety, and learn about different cultures through cooking. To improve their teamwork and English communication skills	Young People improved their Cooking skills, learned about food safety and employment opportunities in the hospitality and restaurant business. Improved CV preparation skills, English communication and teamwork



Programmes Mar-Dec 2024	Number of programmes	Young People engaged
10-week Summer Programmes 2024: music/arts/digital youth work/ street art/ dance/ cooking & baking	10	80
Youth Participation	1	10
Citizenship	1	5
Employment and Education	1	10
Music Production Programme	6	55
Street Art Programme	5	40
Digital Media Programme	5	35
Cooking Programme	2	15
Dance Programme	2	10

Programmes January - Sept 2025	Number of programmes	Young People engaged
6-week Summer Programmes June - August:	10 Programmes:	90 in total:
Refugee Week 13-17	1	12
Refugee Week 18-24	1	7
Pride Week 13-17	1	9



Pride Week 18-24	1	4
Photography Week 13-17	1	11
Photography Week 18-24	1	10
Filmmaking Week 13-17	1	11
Filmmaking Week 18-24	1	11
Music Week & Celebration, the last Week of City Instincts 13-17	1	9
Music Week & Celebration, the last Week of City Instincts 18-24	1	6
Jan - Sept 2025		
Music Production Programme	2	24
Digital Media Programme	2	20
Street Art Programme	1	10
Cooking Programme	1	12
Dance Programme	1	10
Citizenship	1	10
STEAM Programme	1	34

1. Profile of Young People who have engaged in the programmes 2024

Nationality Background	
Ukrainian / BOTP	75
Asylum seekers / IPAS	18



Roma	1
Irish Traveller	1
White Irish	21
Other White Background	2
Asian or Asian Irish - India/Pakistan/Bangladesh	1
Other information	
LGBTQ+	15
Neurodivergent	12

Profile of Young People who have engaged in the programmes in Total: 2024-2025

Nationality Background	
BOTP / Ukrainian	94
Asylum seekers / IPAS (African)	30
Roma	2
Irish Traveller	3
White Irish	25
Other White Background*	6
Asian or Asian Irish - India/Pakistan/Bangladesh	10
Other information	
LGBTQ+	22
Neurodivergent	19

Participants in total.

164 - Registered in Salesforce City Instincts.

*Other White Background, 6 people: Argentina, Romania, Georgia, France, Italy, Croatia.